

**FREE WORKSHOP** (and lunch) delivered by Rother Voluntary Action

# SKILLED FOR HEALTH



Using **USEFUL** Health Information in your day to day work

This workshop would be helpful for people working with individuals and communities, where there are opportunities to help people with “soft” health advice.

Open to all, the workshop will be of particular benefit to those in learning or front-line roles e.g. case workers, advice givers, trainers, facilitators and development workers.

It is particularly useful for people delivering help and information to clients and by equipping staff and volunteers with useful health improvement information.

**For more Info or to Book please Contact  
Sam Stone [sam.stone@rva.uk.com](mailto:sam.stone@rva.uk.com) or call  
0772 229 8692**

**When :**

**Thursday 5th November**

**9.30-4.00pm**

**Where:**

**Hastings Voluntary Action**

**Jackson Hall**

**Portland Place**

**Hastings**

**TN34 1QN**



Community Health & Learning Foundation  
Improving well-being through learning



**Skilled for Health**  
The national strategy for integrating health and learning skills