

Mental well-being

Check it

THEME 1 WHAT ARE YOU LIKE?

L SLc/E3.3

- 1 Which of these words can you use to talk about a negative feeling?
- A cheerful
 - B miserable
 - C joyful

THEME 2 POSITIVE THINKING

L Wt/L1.2

- 2 You have been asked to describe your skills. Which of these is not a skill?
- A I prefer to work quietly.
 - B I have passed my driving test.
 - C I can use the computer.
 - D I play the guitar.

THEME 3 WHAT GETS YOU UP IN THE MORNING?

L SLd/E3.2

- 3 You want to contribute to a discussion on sports. What is the best way to get into the discussion?
- A Just start talking over someone else.
 - B Listen carefully and then respond to what has been said.
 - C Shout loudly so everyone can hear you.

THEME 4 GETTING INVOLVED WITH THINGS

L Rt/E3.7

- 4 Scan the 'What's on' guide below. What screen is showing Super Doopers?
- A screen 1
 - B screen 2
 - C screen 3

What's on

Extot Cinema Week beginning 6/5/07

Screen 1

Sky Riders (12A) 3:30 pm, 5:30 pm, 7:30 pm

Screen 2

Scarlet Passion (18) 6:00 pm, 8:00 pm, 10:00 pm

Screen 3

Super Doopers (U) 11:00 am, 2:00 pm, 5:00 pm

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THEME 5 MANAGING YOUR TIME

N MSS1/E3.3

- 5 Which of these abbreviations for Friday 6th March is correct?
- A F 6 M
 - B Fri 6 Mar
 - C Fr 06 Ma

THEME 6 MANAGING IN THE COMMUNITY

L SLlr/E3.6

- 6 Which is a form of public transport?
- A car
 - B bike
 - C bus

THEME 7 GETTING HELP AND SUPPORT

L Wlt/L1.5

- 7 How is a telephone directory organised?
- A number order
 - B address order
 - C alphabetical order
 - D age order

THEME 8 AVOIDING DEBT

N MSS1/L1.1

- 8 If insurance costs £130 per year, how much is this each week?
- A £2.50
 - B £3.00
 - C £3.50
 - D £5.00

Highlighted curriculum items [] = included in National Tests

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ANSWERS

- 1 B
- 2 A
- 3 B
- 4 C
- 5 B
- 6 C
- 7 C
- 8 A

